

2009 ADOLESCENT COMMUNITY & HEALTH RESOURCES

Available to Dakota County Teens and their Parents

AFTER SCHOOL PROGRAMS (Middle/Junior High Schools)

Encore

ISD 197 Noreen Center, West St. Paul, Phone: 651-403-7517 www.comed.isd197.org

OASIS

ISD 200 Hastings Middle School, Phone: 651-438-0705

The Packer Pad (summer only)

ISD 199 South St. Paul, Phone: 651-306-3633, www.celearn4ever.org

The Spartan Shed (summer only)

ISD 199 Inver Grove Heights Middle School, Phone: 651-306-3662 www.celearn4ever.org

The Tone Setter Program

ISD 195 Randolph, Phone: 507-645-4773 www.randolph.k12.mn.us

CULTURALLY DIVERSE SERVICES

African American Family Services <http://www.aafs.net>

Main Office: 2616 Nicolet Ave, Minneapolis

St Paul Office: 1041 Selby Ave., St. Paul

Mailing Address: P.O. Box 8900, Minneapolis, MN 55408

Phone: 612-871-7878

Comunidades Latinos Unidos En Servicios – CLUES

Social services for the Latino community (mental health, chemical health, employment, education), Phone: 651-379-4200

797 E. 7th St., St. Paul www.clues.org

Hmong American Partnership

Youth and family programs, 1075 Arcade St., St. Paul

Phone: 651-495-9160, hapmail@hmong.org

Lao Family Community

Mental health counseling, St. Paul, Phone: 651-221-0069

Neighborhood House

179 Robie St. E., St. Paul

Phone: 651-789-2500, www.neighb.org

CRISIS SERVICES

B. Robert Lewis House

Domestic & dating violence support resources
Eagan - Phone: 651-452-7288, Hastings – Phone: 651-437-1291

The Bridge for Youth

Phone: 612-377-8800, (24 hours) Minneapolis, www.bridgeforyouth.org

Dakota County Crisis Response Unit

A 24-hour response program assists in emergencies related to mental health, child protection, or families in crisis

Phone: 952-891-7171 TDD: 952-891-7202 www.co.dakota.mn.us

Dakota County Social Services – Children & Family

Transition support services for adolescents as they enter into independent living. Services can be extended until they are 21 years old if the adolescent is attending high school or an equivalent educational program. The Transition Program works with adolescents who are 16 years or older and are in permanent long-term placement settings. The focus of this program is to help the adolescents prepare for independent living or to assure a smooth transition into an appropriate adult program upon turning 18 years old. Phone: 952-891-7400 www.co.dakota.mn.us

Gambling Hotline

Phone: 1-800-437-3641

Harbor Shelter

Temporary shelter for youth 12-17 years olds, referrals only from court services, social services and police/sheriff departments. Emergency shelter/detention placements harboreast@comcast.net 321 6th St. E. Hastings, Phone: 651-480-8377

National Runaway Switchboard

Home Free – Greyhound bus ticket home for runaway youth 1-800-RUNAWAY (786-2929)

Sexual Assault Services

Community Action Council, Inc. -advocates accompany victims to medical exams, police interviews, court proceedings, support to friends, relatives, and co-workers, support groups. Phone: 651-405-1500 <http://communityactioncouncil.org>

Stop It Now MN

Child sexual abuse hotline & resources, Phone: 1-888-PREVENT or (651) 644-8515

United Way 2-1-1

Dial 211. Free, confidential information & referral, 24-7, TTY – 651-291-8440
Multi-lingual assistance offered 8:30 a.m. – 5:00 p.m.

EDUCATIONAL RESOURCES

Alternative Learning Centers – listed by school district

ISD 6 South St. Paul Community Learning Center

Phone: 651-450-9966, 151 6th Street East

ISD 191 Area Learning Center

Phone: 952-707-4020, 2140 Diffley Road Eagan

ISD 192 Dakota Prairie Alternate Learning Center

Phone: 651-460-1400, Farmington High School 800 Denmark Ave.

ISD 194 Lakeville Area Learning Center

Phone 952-232-2080, 20950 Howland Avenue Lakeville

ISD 196 Area Learning Center

Phone: 952-431-8720, 5840 – 149th St. W., Apple Valley

ISD 200 Hastings Area Learning Center

Phone: 651-438-9080, 1608 Vermillion Street

West Heights Charter School

Phone: 651-332-5570, 150 E. Marie Ave., West St. Paul

River Heights Alternative High School

Phone: 651-457-RHCS, 60 East Marie Ave. Ste. 110 West St. Paul
www.riverheightscharter.org

**Dakota County Alternative Learning Center (DCALS) &
Teen Age Pregnancy Program (TAPP)**

1300 145th St, East, Rosemount, Jan Hanenberger
Phone: 651-423-8256 www.isd917.k12.mn.us

DAKOTA COUNTY COLLABORATIVE – what is it?

The Dakota County Collaborative is an integrated Children's Mental Health and Family Services collaborative. Partners include parents, community agencies, schools, and County staff.

The Collaborative allocates federal and State funding to support early intervention and prevention services for children and families in Dakota County. Funds are for programs that prevent family crisis; give more access to existing services; overcome difficulties in the current system; and promote parent leadership and involvement.

Programs & Services Supported by the Dakota County Collaborative**NAMI – Minnesota**

Support, education and leadership training for families of children with mental illness. For more information go to www.namimn.org or contact the Dakota County Parent Organizer at 651-645-2948 x102 or at sscheele@nami.org

Wraparound

A family-driven team process of working with children and their families to plan supports for child's mental health or behavioral issues. Dakota County Social Services, Wrap Access Coordinator, Phone: 952-891-7425.

Dakota Healthy Families

Countywide home visiting program, which supports families from pregnancy through the preschool years. Contact Dakota County Public Health at 651-554-6219 for more information.

Early Intervention Mental Health Services

Mental health services for children, age newborn to 6 years old, with emotional or behavioral difficulties. For more information, contact your school district Early Childhood Special Education department or CAP Agency Head Start Program.

Partners for Success® Family Support Workers

Family Support Workers bridge the gap between home and school by providing resources, services and support to families. Go to www.communityactioncouncil.org or contact the Community Action Council at 952-985-5300

Information and Referral

Collaborative members help families find resources and services in the community.

Email: emily.schug@co.dakota.mn.us the Collaborative Coordinator or call 952-891-7449

Dakota County Technical College

Phone: 651-423-8301 www.dctc.edu

Inver Hills Community College

Phone: 651-450-8500, Inver Grove Heights www.ehs.net/

Alliance Academy – Dakota County Sober High School

Phone: 952-277-0809, Burnsville <http://www.sobrietyhigh.org>

EMPLOYMENT ASSISTANCE

Dakota County Workforce Center <http://www.mnwfc.org/dakota/zone/>

The Zone - Employment resources for young adults

Burnsville – 2900 County Road 42 W., Burnsville, Phone: 952-895-7600

West Saint Paul - 1 West Mendota Rd., WSP, Phone: 651-554-5955

Tree Trust Phone: 651-644-5800 www.treetrust.org

GLBT SERVICES

District 202

Phone: 612-871-5559 www.dist202.org

Family and Children's Services

Intake Phone: 612-728-2061 www.everyfamilymatters.org

Main Phone: 612-339-9101

OutFront MN

Phone: 612-822-8661 <http://www.outfront.org>

HEALTH CARE SERVICES

Dakota County Public Health Department

Child Health Clinic – sliding fee services for youth up to the age of 21 years

Child & Teen Check-Ups, Immunization & WIC clinics

Phone 952-891-7500 <http://www.dakotacounty.us/>

Diamondhead Clinic

200 W. Burnsville Parkway Suite 106

Walk-in clinic services for minor illnesses, routine physicals, immunizations, health education.

Available to children and teens in ISD 191 area. Call for hours and other information (952) 707-4171

MinnesotaCare

A state funded health insurance program

Phone: 651-554-5611 ask for MinnesotaCare

MN AIDS Line

Phone: 612-373-2437

MN Children with Special Health Needs

Formerly Services for Children with Handicaps

Phone: 651-201-3650 or 1-800-728-5420 www.health.state.mn.us/mcshn

St. Mary's Clinic – Apple Valley

Free primary & preventative non-emergency health care services for individuals who are without health insurance Phone: 651-690-7029

Westside Community Health Services, La Clinica – St. Paul Westside

Phone: 651-222-1816 staff speaks Spanish, Hmong and Thai, sliding fee

LEGAL SERVICES**Crime Victims Reparations Services**

Phone: 651-201-7300 or 1-888-622-8799

Dakota County Community Corrections

Phone: 651-554-6060

Dakota County Immediate Accountability (formerly Diversion) Program & Juvenile Peer Court Programs

- Alcohol
- Juvenile Gross Misdemeanor and Felony Property Offender
- Juvenile Misdemeanor Property Offender
- Marijuana
- Tobacco
- Peer Court

Phone: 651-438-4440, monica.Jensen@co.dakota.mn.us

Dakota County Juvenile Service Center

Phone: 651-438-8399, www.co.dakota.mn.us

Dakota County Family Court Self-Help Center

Phone: 651-438-8102 www.mncourts.gov/selfhelp

Legal services for the self represented, consultation w/ volunteer attorney

Dakota County Legal Aid

Phone: 952-431-3200

Memorial Blood Centers - paternity testing

Phone: 612-871-6636

Main Phone: 612-871-3300

New Chance Day Treatment

Phone: 651-438-8399

Order for Protection Information

Phone: 651-438-8110

South St. Paul Restorative Justice Project

Phone: 651-554-3280

MEN'S / FATHER'S SERVICES**Resource Center for Fathers and Families**

Phone: 952-997-4816, Burnsville. www.resourceforfathers.org

MELD for Young Dads

Phone: 612- 332-7563

MENTAL HEALTH SERVICES**ADHD Resources and Support Group**

Phone: 952-432-6351

Shepherd of the Valley Church, Apple Valley

Associated Clinic of Psychology

West St. Paul Clinic, Phone: 651-450-0860

Apple Valley Clinic, Phone: 952-432-1484

Behavioral Health Services (BHSI)

Phone 651-681-1600, Eagan

The Bridge for Youth

Temporary shelter services and transitional living program, Phone: 612-377-8800

www.bridgeforyouth.org

Dakota County Parent Support Coordinator

Phone: 651-645-2948 x102, Suzette Scheele sscheele@nami.org

Family-to-Family NAMI-MN - support groups in Eagan, Lakeville and West St. Paul

MN Mental Health Clinic

Mental health counseling, adolescent day treatment, parent group, psychiatric services.

Phone: 651-454-0114, www.MNmentalhealth.com

Face to Face Clinic

Phone Inpatient: 651-772-5555, admin@face2face.org, St. Paul

Fairview Behavioral Services

Phone: 612-672-6600, <http://fairviewbehavioral.org>

Phone Outpatient: 612-672-2736

Counseling Needs: 612-672-6999

Fairview Ridges Hospital Youth Grief Service

Phone: 952-892-2111

Grief Coalition

Phone: 651- 437-6817, Hastings

Journey Counseling

Phone: 651-460-8085, Adults Only, Farmington

Lakeville Behavioral Health, LCC

Phone 952-435-0022

Lifespan

Mental health counseling & Youth Transition Program, day treatment for adolescents

Phone: 952-562-8500, 12425 River Ridge Blvd, Burnsville

Minnesota Youth Grief Services

Phone: 952-892-2111, Fairview Ridges Hospital, Burnsville, www.fairview.org

NAMI - MN Support Groups

Support groups will help parents discover resources to meet the challenges of raising a child with a mental illness, learn coping skills & develop problem-solving skills.

Phone: 651-645-2948, ext. 102, contact Suzette Scheele www.NAMIMN.org

Apple Valley– meets 2nd & 4th Thursdays, 6:00 – 8:00p.m.

Dakota Ridge School, Apple Valley, light supper & childcare

West St. Paul – meets 3rd Tuesday s, 6:30 – 8:30 p.m.

St. Stephen's Church, light supper & childcare

Burnsville – meets every Wednesday at 9:30 a.m. at Jo Jo's Rise N' Wine

Support group for parents with children with special needs.

Parents Class –free, but re-registration is required, call for information.

Options Family & Behavioral Services

CHANGE (out-patient adolescent CD program), OPTIONS Day Treatment, Parent Group, In-home Family Therapy, Chemical Dependency Assessments, CTSS, relapse prevention program,

Phone: 651-564-3000, Burnsville

Waters Edge Intensive Outpatient Program for Eating Disorders

Phone: 952-898-5020, 14569 Grand Ave. So. Burnsville

MENTORING SERVICES

Kids n Kinship

Youth-adult mentoring, Phone: 952-892-6368 www.kidsnkinship.org

Kinship

Mentoring youth ages 5 – 15 and a program for children and youth who have one or more parent in prison

Phone: 612-588-4655

PARENTING TEENS RESOURCES

Prevent Child Abuse MN

Phone support: 1-800-CHILDREN

Shoulder to Shoulder Raising Teens Together

Phone: 763-427-5310 or 1-800-782-1878, www.shouldertoshoulderminnesota.org

United Way 211

Information and referral services. Phone: 211

RECREATION

Apple Valley Teen Center

6th-12th grade youth, 14255 Johnny Cake Ridge Rd. Apple Valley
Phone: 952-953-2385 www.cityofapplevalley.org

Apple Valley Park & Recreation

Phone: 952-953-2300 www.cityofapplevalley.org

Burnsville Recreation

Phone: 952-895-4500 www.burnsville.org

Dakota County Public Libraries

Main number: 651-450-2999, www.co.dakota.mn.us

Burnhaven Library, Burnsville, Phone: 952-891-0300

Farmington Library, Farmington, Phone: 651-438-0250

Galaxie Library, Apple Valley, Phone: 952-891-7045

Heritage Library, Lakeville, Phone: 952-891-0360

Inver Glenn Library, Inver Grove Heights, Phone: 651-554-6840

Pleasant Hill Library, Hastings, Phone: 651-438-0200

Wentworth Library, West St. Paul, Phone: 651-554-6800

Wescott Library, Eagan, Phone: 651-450-2900

Book Mobile, 952-891-0333

Dakota County Parks Department

8500 127th St. East, Hastings www.co.dakota.mn.us

Phone: 952-891-7000, 24-Hour Information Line: 651-GET-INFO

Eagan Park & Recreation

Phone: 651-675-5500 www.cityofeagan.com

The Oasis Teen Center

Phone: 651-675-5550, Eagan

Eagan Art House

Phone: 651-686-9134

Farmington Park & Recreation

Phone: 651-280-6850, www.ci.farmington.mn.us

Farmington Youth Athletic Association

Phone: 952-985-FYAA www.farmingtonsports.org

THE GARAGE

Youth club, support groups, events, community service projects
75 Civic Center Parkway, Burnsville,
Phone: 952-895-4664 www.thegarage.net

The Grove

Phone: 651-450-2480, www.ci.inver-grove-heights.mn.us
City of Inver Grove Heights Parks & Recreation, Skate Park

Hastings Park & Recreation

Phone: 651-480-6175 www.ci.hastings.mn.us

Hastings Youth Athletic Association

Phone: 651-437-8838 www.hyaa.info

Inver Grove Heights Park & Recreation

Phone: 651-450-2585 www.ci.inver-grove-heights.mn.us

Lakeville Park & Recreation

Phone: 952-985-4600 www.ci.lakeville.mn.us

Lakeville Center for the Arts

Phone: 952-985-4640

Mendota Heights

Phone: 651-452-1850 www.mendota-heights.com

Mendota Heights Athletic Association

Phone: 651-454-0433

Rosemount's Park & Recreation

Phone: 651-322-6000 www.ci.rosemount.mn.us

So. St. Paul Park & Recreation

Phone: 651-306-3690 www.southstpaul.org

W. St. Paul Park & Recreation

Phone: 651-552-4150 www.ci.west-saint-paul.mn.us

YO! The Movement

Youth information services, Phone: 612-874-9696 www.yothemovement.org

YMCA- Dakota County Facilities:**Hastings**

85 Pleasant Dr., Hastings, Phone: 651-480-8887,
www.ymcatwincities.org/locations/hastings

Minnesota Valley

13850 Portland Ave. South, Burnsville, Phone: 952-898-9622
www.ymcatwincities.org/locations/mnvalley/

South Family YMCA

150 E. Thompson Ave, West St. Paul, Phone: 651-457-0048
www.ymcatwincities.org/locations/south/

Southwest Area YMCA

550 Opperman Dr., Eagan, Phone: 651-456-9622
www.ymcatwincities.org/locations/southwest/

REPRODUCTIVE HEALTH CARE SERVICES**Amnion Crisis Pregnancy Center**

Phone: 952-898-HELP (4357)
13775 Nicollet Ave. South, Burnsville

Face to Face Health and Counseling Service

Phone: 651-772-5555 1165 Arcade St., St. Paul
Affordable, serves those without health insurance www.face2face.org

Fairview Adolescent Health & Medicine and General Pediatrics

Phone: 612-626-2820

Inver Hills Community College Student Health Services

Phone: 651-450-8524, 2500 East 80th St. Inver Grove Heights

Planned Parenthood Express Care – Apple Valley

Phone: 952-351-9998, 15322 Galaxie Avenue

Planned Parenthood - Burnsville

Phone: 952-890-0940, 2530 Horizon Drive, Cliff View Plaza

Pregnancy Choices Life Care Center

15026 Glazier Ave., Apple Valley
Phone: 952-997-2229

Wakota Life Care Centers

1140 So. Robert St., West St. Paul
Phone: 651-457-1195

Youth Intervention Project – Hennepin County Public Health Clinic

Phone: 612-543-5555, 525 Portland Avenue South (4th Floor) in downtown Minneapolis
is a walk-in clinic for STD & HIV testing (low cost and fees are based upon a patient's ability to pay).

SUBSTANCE ABUSE SERVICES**AL-ANON**

Phone: 651-771-2208, <http://al-anon-alateen-msp.org>

Alcoholics Anonymous

- www.aastpaul.org
- St. Paul & Suburban Area Intergroup, Phone: 651-227-5502
- Eagan, 3920 Rahn Road, Phone: 651-452-2921

- Hastings, 205 E. 3rd St., Phone: 651-437-9614
- Rosemount, 14555 S. Robert Trail (young people 25 years & younger), Phone: 651-423-3622
- Rosemount, 13885 S. Robert Trail, Phone: 651-423-3622
- So. St. Paul, 301- 3rd Ave. S., Phone: 651-451-2402

Anthony Louis Center

Chemical dependency assessments, day treatment, support groups, aftercare
Phone: 952-890-8879, 1517 Highway 13 Burnsville

Avalon Programs

Phone: 651-454-2833 Eagan

Community Drug and Alcohol Services, Inc.

Phone: 952-564-3000, CHANGE, Options & Options Plus
Adolescent chemical health program, Burnsville

Dakota County Social Services Chemical Health

Phone: 651-554-6446

Hazelden Center – youth substance abuse treatment

Phone: 763-509-3800 or 800-257-7800

MA Health Plan Chemical Dependency Services

Blue Plus (Behavioral Health at Blue Cross Blue Shield), Phone: 651-662-5020
Health Partners, Phone: 952-883-5811
Medica (United Behavioral Health), Phone: 1-800-848-8327
UCare (Behavioral Health Care Providers), Phone: 763-525-9919

Narcotics Anonymous

Phone: 952-939-3939 groups meet in Apple Valley, Eagan, Farmington, Inver Grove Heights, Lakeville, Northfield, So. St. Paul & West St. Paul
www.naminnnesota.org

New Connections – Hastings

Phone: 651-480-1180

Prairie St. John's

Woodbury, Minnetonka
Phone: 877-333-9565 (toll free, 24-hour free assessment)

Ramsey County Detox (for Dakota County citizens)

Phone: 651-266-4009, chemical dependency assessment, education & detox

River Ridge Treatment Center

Phone: 952-894-7722, Burnsville www.riverridgetreatmentcenter.com

For more information contact:

Shannon Bailey, Dakota County Adolescent Health Coordinator
Phone: 651-554-6164, shannon.bailey@co.dakota.mn.us